



VHW Summer Camp

at Vougar Honors Wrestling

The VHW Staff of Champions

Nick Arujau
Cornell University Wrestler
3x New York State Champion

Vito Arujau
Cornell University Wrestler
2X NCAA National Champion
World Champion



Vougar Oroudjov
2012 NJCAA Coach of the Year
Nassau Community College
2x World Champion
Olympic Medalist

Chances to Train with the VHW Championship Team

Dates: June 29- July3
July6 - July 10
July20-July24
July 27- July31
August3-7

Hours: 9am to 2 pm

Cost: \$ 325

Location: 235-I Robin's Lane,

Syosset, NY 11791
Next To Powerhouse Gym

Contact: Vougar
Phone: (516) 851-5790
Email: oroudjovvougar@yahoo.com
Web: vhwclub.net
No Refunds

Area Hotels

Fairfield Inn by Marriott
24 Oak Dr, Syosset, NY 11791
(516) 921-1111 | [Reservations](#) | [More Info](#)

Executive Inn at Woodbury
8030 Jericho Tpke, Woodbury, NY 11797
(516) 921-8500
[Reservations](#) | [Website](#) | [More Info](#)

Four Points by Sheraton
333 S Service Rd, Plainview, NY 11803
(516) 694-6500 | [Reservations](#) | [More Info](#)

Hilton Garden Inn
1575 Round Swamp Rd, Plainview, NY 11803
(516) 755-5552 | [Reservations](#) | [More Info](#)

BEST WESTERN Woodbury Inn
7940 Jericho Tpke, Woodbury, NY 11797
(800) 780-7234 | [Reservations](#) | [Website](#)

Please make Checks payable to VHW Club. Mail to: 39 Raynham Drive, Syosset, NY 11791 (send with form below)

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Email: _____

Please check the camp(s) you will be attending:

June29-July3

July6- July10

July 20-July24

July27-July31

August 3-August 7

Cost: \$ 325 per camp Total Enclosed _____